

# 'RUNNING SCARED' OF LONELINESS

## "Running Scared"

### Part 3

"I prayed to the Lord, and he answered me. He freed me from all my fears."  
*Psalm 34:4 (NLT)*

Week 1 - We Fight Fear with Faith, God's Truth & God's Love

Week 2 - We Stop Fear of the Future by Looking Back & Not Bowing Down to Fear

"**Loneliness**" = being \_\_\_\_\_

## 3 BIBLICAL LEVELS OF LONELINESS:

**Level 1** - \_\_\_\_\_

"It's your sins that have cut you off from God. Because of your sins, he has turned away and will not listen anymore." *Isaiah 59:2 (NLT)*

**In Level 1 Loneliness, God took initiative by sending** \_\_\_\_\_

"At about three o'clock, Jesus called out with a loud voice, 'Eli, Eli, lema sabachthani?' which means 'My God, my God, why have you abandoned me?'" *Matthew 27:46 (NLT)*

**Level 2** - \_\_\_\_\_

"Then the Lord God said, 'It is not good for the man to be alone. I will make a helper who is just right for him.'" *Genesis 2:18 (NLT)*

**In Level 2 Loneliness, God took initiative by sending** \_\_\_\_\_

"Jesus replied, 'You must love the Lord your God with all your heart, all your soul, and all your mind. This is the first and greatest commandment. A second is equally important: Love your neighbor as yourself.'" *Matthew 22:37-39 (NLT)*

**Take Regular** \_\_\_\_\_

"A man who has friends must himself be friendly..." *Proverbs 18:24 (NKJV)*

**Make** \_\_\_\_\_

"Offer hospitality to one another without grumbling." *1 Peter 4:9 (NIV)*

**Level 3** - \_\_\_\_\_

"For this world is not our permanent home; we are looking forward to a home yet to come." *Hebrews 13:14 (NLT)*